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A Workshop for Older Farmers Making Farm Work Easier as we get Older Media Release

P.A.S.S Inc (Proactive Agricultural Safety & Support) is running a workshop that will be of interest to all farmers, be they around 55 years and older or their younger co-workers and /or family members

The FREE Workshop is a very practical workshop where farmers will discuss the farm work that is getting harder as they get older, and will provide opportunity to think about the ways that older farmers can get *MORE FIT FOR FARM WORK* as older people, as well as ways that farm work can be made *MORE FIT FOR THE OLDER FARMER*.

The package of information that will be made available has been put together by groups of older farmers all around Australia, helped by people in the Australian Centre for Agricultural Health and Safety at Moree, in country NSW.

All older farmers who have been part of the program to date have found the experience very worth while, and have found some satisfaction in realizing that their increasing difficulties in some areas of work are not unique to them.

"I feel more normal"

"I can make some changes that will be useful."

"I've enjoyed the opportunity to discussion these practical things with other farmers of my age"

Workshop details:

Date: Day & Month 2009
Time: morning, afternoon, over lunch, over light dinner
Venue:

Number of participants is limited to 20. Be early to book a place

RSVP: By Day & Month 2009

For more information contact: Anne Taylor on 63986212 or info@pass.org.au